

INTERNATIONAL A-LEVEL PSYCHOLOGY PS03

Unit 3 Advanced Topics and Research Methods 2

Mark scheme

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Version: 1.0 Final



Mark schemes are prepared by the Lead Assessment Writer and considered, together with the relevant questions, by a panel of subject teachers. This mark scheme includes any amendments made at the standardisation events which all associates participate in and is the scheme which was used by them in this examination. The standardisation process ensures that the mark scheme covers the students' responses to questions and that every associate understands and applies it in the same correct way. As preparation for standardisation each associate analyses a number of students' scripts. Alternative answers not already covered by the mark scheme are discussed and legislated for. If, after the standardisation process, associates encounter unusual answers which have not been raised they are required to refer these to the Lead Examiner.

It must be stressed that a mark scheme is a working document, in many cases further developed and expanded on the basis of students' reactions to a particular paper. Assumptions about future mark schemes on the basis of one year's document should be avoided; whilst the guiding principles of assessment remain constant, details will change, depending on the content of a particular examination paper.

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Level of response marking instructions

Level of response mark schemes are broken down into levels, each of which has a descriptor. The descriptor for the level shows the average performance for the level. There are marks in each level.

Before you apply the mark scheme to a student's answer read through the answer and annotate it (as instructed) to show the qualities that are being looked for. You can then apply the mark scheme.

Step 1 Determine a level

Start at the lowest level of the mark scheme and use it as a ladder to see whether the answer meets the descriptor for that level. The descriptor for the level indicates the different qualities that might be seen in the student's answer for that level. If it meets the lowest level then go to the next one and decide if it meets this level, and so on, until you have a match between the level descriptor and the answer. With practice and familiarity you will find that for better answers you will be able to quickly skip through the lower levels of the mark scheme.

When assigning a level you should look at the overall quality of the answer and not look to pick holes in small and specific parts of the answer where the student has not performed quite as well as the rest. If the answer covers different aspects of different levels of the mark scheme you should use a best fit approach for defining the level and then use the variability of the response to help decide the mark within the level, ie if the response is predominantly level 3 with a small amount of level 4 material it would be placed in level 3 but be awarded a mark near the top of the level because of the level 4 content.

Step 2 Determine a mark

Once you have assigned a level you need to decide on the mark. The descriptors on how to allocate marks can help with this. The exemplar materials used during standardisation will help. There will be an answer in the standardising materials which will correspond with each level of the mark scheme. This answer will have been awarded a mark by the Lead Examiner. You can compare the student's answer with the example to determine if it is the same standard, better or worse than the example. You can then use this to allocate a mark for the answer based on the Lead Examiner's mark on the example.

You may well need to read back through the answer as you apply the mark scheme to clarify points and assure yourself that the level and the mark are appropriate.

Indicative content in the mark scheme is provided as a guide for examiners. It is not intended to be exhaustive and you must credit other valid points. Students do not have to cover all of the points mentioned in the Indicative content to reach the highest level of the mark scheme.

An answer which contains nothing of relevance to the question must be awarded no marks.

Total for this section: 30 marks

Section A: Psychology of Sleep

Question	Marking guidance	Total marks
01	Briefly outline one characteristic of narcolepsy.	2
	Award marks as follows:	AO1 = 2
	marks for a clear and accurate outline of one characteristic of narcolepsy. mark for a weak, muddled or very limited outline.	
	 Possible content Sudden and unexpected loss of muscle tone while awake (cataplexy). Extreme daytime sleepiness with reoccurring short periods of sleep. Dreamlike experiences occurring while being awake (hypnagogic hallucinations). Inability to move, often affecting the person when falling asleep or just before waking up (sleep paralysis, atonia). 	
	Credit other relevant material.	
	NOTE: No credit for simply naming a characteristic.	

Question		Marking guidance		Total marks		
02	Briefly eva	lluate research into narcolepsy.		4		
	 (eg dogs Research (1999), T Research problem Narcoleph Possible of the de Nomothe affected, (Biologic implying disorder. Credit events 	udies into causes of narcolepsy were conducted on aninal of questioning whether we can generalise those to human heridence in support of reliability and/or validity, eg Lin Thannickal, Moore and Niehuis (2000). The evidence is correlational and may not establish causal of internal validity. The sy develops later in life (teenage years), questioning its links to research being reductionist or biased towards in bate. The etic view suggesting the research is applicable to most possible which is helpful as can lead to treating lots of people at all/hard) determinism as most research suggest biologic that patients have limited control over the development	ns. et al. cion; origin. ature side eople once. al causes of the	AO3 = 4		
	Level Description Marks					
	2	Evaluation is accurate with some detail. The answer is clear with appropriate use of specialist terminology.	3–4			
	1	Evaluation is limited, vague or muddled. Specialist terminology is either absent or inappropriately used.	1–2			
	0	No creditable content.	0			

Question		Marking guidance		Total marks	
03	Two stude	Two students are talking about animal behaviours.			
	through th	leeping habits are fascinating," says Olga. "Bears s ne entire winter while other animals, like hamsters, s e awake and active at night."		AO2 = 4	
		always wondered why squirrels or cats may sleep u ay!" replies Anya.	p to 20		
		ir knowledge of at least one evolutionary explanation of sleep, explain the conversation between Olga and			
	 Possible application Adaptation to the environment: animals have adapted to be awake and active when it is safe for them or when they have most food availability, eg some animals, like hamsters, became nocturnal. Predator-prey status: animals would stay motionless (asleep) for long periods so they do not become prey, they then feed when their natural predators are less active, eg squirrels may hide from birds of prey. Hibernation theory (conservation of energy): animals slow down their metabolic rate by sleeping for long periods when obtaining food resources is difficult, eg bears hibernating for winter. Credit other relevant application. Note: not all animal examples from the stem have to be included for full 				
	Level	Description	Marks		
	2 Application of at least one evolutionary explanation for the function of sleep is accurate with some detail. The answer is clear with appropriate use of specialist terminology.				
	1 Application of at least one evolutionary explanation for the function of sleep is limited, vague or muddled. Specialist terminology is either absent or inappropriately used.				
	0	No creditable content.	0		

Question		Marking guidance		Total marks
04	Discuss the effects of endogenous pacemakers and exogenous zeitgebers on the sleep/wake cycle.			20
	Possible c Endogen rhythms. Descripti suprachia reference Exogeno biologica Descripti temperat The entra		n, although ng of light,	AO1 = 8 AO3 = 12
	Zucker (*) (1998), N • Methodo (generali separatir • Biologica limit the i • Reference • Good (integration)	iscussion In support, eg Darlington et al. (1998), Siffre (1975), Steph (1972), Morgan (1995), Vetter et al. (2011), Campbell & Multimosa plant references. Ilogical issues: some studies were conducted on animals sability), some are single case studies or small samples; the extraneous variables which may affect validity. If determinism for EPs or environmental determinism for Edea of free will making the concept pessimistic/negative. The est to interactionist approach or nature-nurture. The ternal of the validity as both EPs and EZs are observable and needs that can be falsified, so they are scientific concepts. The applications: jet lag and shift work; high ecological validity as possible and shift work; high ec	he issue of Zs – both	
		r relevant material.		
	Level	Description	Marks	
	4	Knowledge of effects of both endogenous pacemakers and exogenous zeitgebers on sleep/wake cycle is mostly accurate and generally well detailed. Discussion is mostly effective. Minor detail and/or expansion of argument is sometimes lacking. The answer is clear and focused. Specialist terminology is mostly used effectively.	16–20	
	3	Knowledge of effects of both endogenous pacemakers and exogenous zeitgebers on sleep/wake cycle is evident but there are occasional inaccuracies/omissions. There is some effective discussion. The answer is mostly clear and organised but occasionally lacks focus. Specialist terminology is mostly used appropriately.	11–15	

2	Limited knowledge of the effects of endogenous pacemakers and/or exogenous zeitgebers on sleep/wake cycle is present. Any discussion is of limited effectiveness. The answer lacks clarity, accuracy and organisation in places. Specialist terminology is occasionally used appropriately.	6–10
1	Knowledge of the effects of endogenous pacemakers and/or exogenous zeitgebers is very limited. Discussion is limited, poorly focused or absent. The answer as a whole lacks clarity, has many inaccuracies and is poorly organised. Specialist terminology is either absent or inappropriately used.	1–5
0	No creditable content.	0

Total for this section: 30 marks

Section B: Schizophrenia

Question	Marking guidance	Total marks
05	What is meant by co-morbidity?	2
	Award marks as follows: 2 marks for a clear and accurate definition of co-morbidity 1 mark for a weak, muddled or very limited definition.	AO1 = 2
	Possible content Co-morbidity is when secondary disorders/symptoms co-exist with the primary disorder making diagnosis more difficult.	

Question	Marking guidance	Total marks
06	Aisha and her twin brother Zachary are aged 18. They both show symptoms of schizophrenia, such as hallucinations and delusions. Zachary also shows signs of avolition and speech poverty. Aisha decides to talk to her friends about her symptoms but Zachary refuses to talk to his friends.	3 AO2 = 3
	Referring to gender bias, explain why Zachary is more likely to be diagnosed with schizophrenia than Aisha.	
	Award marks as follows: 3 marks for a clear and detailed application with appropriate use of specialist terminology. 2 marks for an application that may lack detail and be unclear in places. 1 mark for a limited/vague/muddled application.	
	 Possible application The usual age of onset is earlier (3-5 years) in men than in women, which means Aisha may be considered too young to develop schizophrenia and remain undiagnosed; possible links to reliability of diagnosis. Women are more likely to seek social support/help, eg Aisha deciding to talk to her friends who may comfort her, reducing the likelihood of diagnosis; whereas men are more likely to be referred to involuntary treatment, hence more likely to be diagnosed quicker. Men tend to show more severe negative symptoms than women; having more symptoms on display, Zachary appears to match the possible diagnosis profile better than Aisha due to the presence of negative symptoms (avolition and speech positive) alongside positive symptoms. 	
	Credit other relevant application.	

Question	Marking guidance	Total marks
07	Which one of the following statements best describes the symptom of avolition?	1
	Answer key: B – When someone does not want to join in everyday activities.	AO1 = 1

Question		Marking guidance		Total marks	
08	Mateo has delusions. He believes that the woman who walks past his house every day is going to hurt him. He also hears voices that tell him he is a bad person. Mateo sometimes finds it difficult to go to work. He stays inside the house most of the time. Rosa, his therapist, is going to use cognitive therapy to treat Mateo.			6 AO2 = 6	
	Using your knowledge of cognitive therapy, explain how Rosa might treat Mateo.				
	 Rosa conschizophevent of the work Specific catching understatechnique recording to go to information 	application buld use CBT or REBT to reduce Mateo's symptoms of hrenia by applying the principles of the ABC model, eg and the woman walking past the house (A), challenging the benan will hurt Mateo (B), eliminating paranoid thoughts (C). techniques and how they could work for Mateo, eg though diary (Mateo writing down his daily reflections); disputation anding the woman passing his house goes to the shop); disputation (Mateo listening to music); emotion intensity scale (Mateo g his daily emotions); behaviour activation (Rosa instruction work twice a week); homework tasks (Mateo asked to collection).	elief that nt n (Mateo stracting teo g Mateo		
	Level Description Marks				
	3	The application of how cognitive therapy could be used is detailed and appropriate. The answer is clear with appropriate use of specialist terminology.	5–6		
	2	The application of how cognitive therapy could be used is relevant but detail is lacking. Specialist terminology is used mostly appropriately. The answer lacks clarity in places.	3–4		
	1	The application of how cognitive therapy could be applied is very limited. Specialist terminology is either absent or inappropriately used. The answer is vague/muddled.	1–2		
	0 No creditable content. 0				

Question	Marking guidance	Total marks
09	Explain how anti-psychotic drugs treat schizophrenia.	3
	Award marks as follows: 3 marks for a clear and detailed explanation with appropriate use of specialist terminology. 2 marks for an explanation that may lack detail and be unclear in places. 1 mark for a limited/vague/muddled explanation.	AO1 = 3
	 Possible content Typical anti-psychotic drugs relieve the positive symptoms of schizophrenia, such as hallucinations (by blocking dopamine receptors decreasing the overall activity of dopamine). Atypical anti-psychotic drugs can reduce both positive symptoms and negative symptoms (by affecting both serotonin and dopamine levels). Credit other relevant content. NOTE: Credit description of how a named drug could work, eg Clozapine, Chlorpromazine. 	

Question	Marking guidance	Total marks
10	Explain one limitation of using anti-psychotic drugs to treat schizophrenia.	3
		AO3 = 3
	Award marks as follows:	
	3 marks for a clear and detailed limitation with appropriate use of specialist terminology.	
	2 marks for a limitation that may lack detail and be unclear in places.1 mark for a limited/vague/muddled answer.	
	Possible limitations	
	High drop-out rate because drugs can cause side effects, eg nausea, weight gain, etc.	
	Specific issues caused by named drugs, eg agranulocytosis when using Clozapine.	
	 Typical anti-psychotic drugs have little or no effect on negative symptoms. Drugs do not cure schizophrenia but only reduce the symptoms – issue of validity. 	
	Drugs must be taken regularly even when symptoms are not being experienced at the time.	
	Problem of drug dependency and drug adherence, especially in patients with delusions of persecution.	
	 Ethical issues of using drugs to control people. Problems of being reductionist/determinism/nature-focused. 	
	Credit other relevant limitations.	
	NOTE: credit comparison of drug treatment to alternative forms of therapy.	

Question	Marking guidance	Total marks
11	Describe and evaluate cognitive explanations for schizophrenia.	12
	 Possible content Schizophrenia is a result of dysfunctional information processing where people with schizophrenia do not process information correctly. People with schizophrenia have different perceptions and ways of interpreting mental experiences, eg hearing voices is perceived as someone trying to talk to them instead of a more realistic perception of hearing own voice as part of the inner dialogue. Perception deficits when interpreting facial expressions leading to misperception of intent. Memory deficits, eg poor perceptual processing leads to poor encoding of material into working memory. Reasoning deficits, eg the jumping to conclusion hypothesis, extreme attribution bias, lack of theory of mind. Language deficits in language output and/or language comprehension. Possible evaluation Knowledge of dysfunctional thought processing in schizophrenia can form the basis of effective treatment, eg CBT. Cognitive theories point to the importance of attributional and reasoning biases, which may contribute to the maintenance of delusions in schizophrenia. Cognitive explanations can account for both positive and negative symptoms making this a holistic explanation. Cognitive explanations are compatible with underlying biological cause; another link to holism. Use of evidence to support or refute the cognitive explanation, eg Sterling (2006), O'Carroll (2000), Bowie and Harvey (2006), Betall et al (1991), Shin et al. (2008). Much of the evidence is correlational, so we cannot be sure if cognitive deficits cause schizophrenia or if having schizophrenia causes cognitive deficits. Some research has found that dysfunctional thinking occurs before the onset of schizophrenia suggesting that dysfunctional thinking cannot be an effect of having schizophrenia (O'Carroll, 2000). Cognitive theories cannot explain what led	AO1 = 6 AO3 = 6

Level	Description	Marks
4	Knowledge of cognitive explanations for schizophrenia is mostly accurate and generally well detailed. Evaluation is mostly effective. Minor detail and/or expansion of argument is sometimes lacking. The answer is clear and focused. Specialist terminology is mostly used effectively.	10–12
3	Knowledge of cognitive explanations for schizophrenia is evident but there are occasional inaccuracies/omissions. There is some effective evaluation. The answer is mostly clear and organised but occasionally lacks focus. Specialist terminology is mostly used appropriately.	7–9
2	Limited knowledge of cognitive explanations for schizophrenia is present. Any evaluation is of limited effectiveness. The answer lacks clarity, accuracy and organisation in places. Specialist terminology is occasionally used appropriately.	4–6
1	Knowledge of cognitive explanations for schizophrenia is very limited. Evaluation is limited, poorly focused or absent. The answer as a whole lacks clarity, has many inaccuracies and is poorly organised. Specialist terminology is either absent or inappropriately used.	1–3
0	No creditable content.	0

Total for this section: 30 marks

Section C: Research Methods 2

As part of a school project, college students decided to test if there was a difference in how quickly people can read text printed on yellow paper or green paper. They used a repeated measures design with a group of 20 psychology students. All 20 were asked to read two

similar texts, and the conditions were counterbalanced as follows:

• 10 participants read Text 1 printed on yellow paper; they rested for 30 minutes, then read Text 2 printed on green paper.

• The other 10 participants read Text 1 on green paper; they rested for 30 minutes, then read Text 2 printed on yellow paper.

The students collected their data using a stopwatch. They then compared the speed of reading of each participant for both the yellow paper and the green paper texts.

Question	Marking guidance	Total marks
12	The students used a repeated measures design. Explain one advantage of using a repeated measures design in this study.	2
	Award marks as follows: 2 marks for a clear explanation of an advantage for using a repeated measures design in this study. 1 mark for a muddled or vague explanation.	AO2 = 2
	 Possible advantages Using repeated measures avoids individual differences as the reading abilities stay constant in each condition. As the students were measured on their reading speed (cognitive skills), all quick or slow readers would be measured against their own performance. Fewer students are required in repeated measures design than in independent measures. The researchers gathered 20 psychology students. Having two independent groups of 10 to compare could lead to unreliable results. Having 20 students taking part in each of the conditions is a better option. 	
	Credit other relevant advantages.	

Question	Marking guidance	Total marks
13	The students collected the data using an interval level of measurement.	
	Explain what is meant by an interval level of measurement in this study.	AO2 = 2
	Award marks as follows: 2 marks for a clear explanation of what an interval level of measurement is in relation to the study. 1 mark for a muddled or vague explanation.	
	Possible content Interval level of measurement means the students collected continuous numerical data which have equal spaces between the values, eg time measured in seconds. Interval level of measurement means the data is objectively measured, often with a precise measurement tool, eg a stopwatch in the scenario.	
	Credit other relevant material.	

Question	Marking guidance	Total marks	
14	The students used a related t-test to check if the results were significant.		
14.1	Apart from the interval level of measurement, outline two other reasons why the related t-test was appropriate for this study.		
	Award 1 mark for each correctly identified reason.		
	 Possible content The related t-test is the test of difference (the aim of this study was to see the difference between two coloured backgrounds). The related t-test is used with a repeated measures design (as the same student participants took part in both conditions). 		
	NOTE: credit references to a related-t test being a parametric test.		

Question			Marking guid	lance			Total marks
14.2	4.2 The students calculated the t score for the related t-test, t = 2.899 Table 1 Critical values for the related t-test					3	
							AO2 = 3
		Levels o	of significanc	e for a two-	tailed test		
		0.1	0.05	0.02	0.01		
	df	1	1	1	1		
	18	1.734	2.101	2.552	2.878		
	19	1.729	2.093	2.539	2.861		
	20	1.725	2.086	2.528	2.845		
	21	1.721	2.080	2.518	2.831		
	Using the in are significated Award mark 1 mark for state the null beautiful accepted. A further 2 marks for a 1 mark for a Possible coelidentifying 2.093 at page 2.093	iformation in Talant or not. Justinate as follows: tating that the calculated the calculated to the ca	culated value rejected/alte e replanation ritical value free reading.	whether the er. is significant remative hyporesult is significant or the table	OR for a stathesis can be ficant.	the study stement	

Question	Marking guidance			
15	The students were worried that they might have made a Type I error in their study.	2		
		AO1 = 2		
15.1	What is a Type I error?			
	Award marks as follows: 2 marks for a clear explanation of a Type I error. 1 mark for a muddled or vague explanation.			
	 Possible content It is when the researchers reject the null hypothesis or when the alternative hypothesis is wrongly accepted (it is a false positive result). It is a type of error that happens when the significance level chosen is too stringent/harsh or the margin of error is very small (eg p<0.05). 			
	Credit other material.			

Question	Marking guidance	Total marks		
15.2	Using the critical values from Table 1, explain why the students were unlikely to have made a Type I error.	2 AO2 = 2		
	Award marks as follows: 2 marks for a clear answer explaining how Type I error was unlikely to happen 1 mark for a muddled or vague explanation.			
	 Possible content The calculated value of 2.899 exceeds every critical value at df = 19 in the table up to p=0.01 (2.861) which is the most stringent level of significance with the smallest margin of error. 			
	Accept alternative wording.			

Question		Marking	guidance		Total marks
16	After measuring the speed of reading, the students designed a 20-item				
	memory test to investigate if the colour of the paper might also affect the ability to remember printed information.				
	Below are the mof the texts.	nean values of corre	ctly recalled memory ite	ems from each	
	Table 2 Mean va	alues for memory re	call for green paper and	d yellow paper	
		Green paper (out of 20 items)	Yellow paper (out of 20 items)		
		12	16		
		paper below, draw our display fully, in	an appropriate display cluding the title.	of the data in	
		18			
		16			
		14			
		12			
	Mean number of recalled facts	10			
		8			
		6			
		4			
		2			
		0	X. II		
		Green P	Yellow aper colour		
	 Appropriate titl Mean number paper. Accept Correctly label similar wording Correctly label 	of correctly recalled it similar wording. led x-axis: yellow/gree g; colours have to be i led y-axis: mean num	ber of items/average me	olour of the	
	A distinct bar of Correct values	chart (separated bars) (height) on the bars. and y-axes used inte		ery roodii.	

Question	Marking guidance	Total marks	
17	The students decided to ask the participants their opinions after they had taken part in the memory test. They did this by using a	2	
	questionnaire.	AO2 = 2	
	Outline one advantage of using a questionnaire rather than an interview.		
	Award marks as follows: 2 marks for a clear advantage of using questionnaires rather than interviews 1 mark for a muddled or vague advantage.		
	 Possible advantages Questionnaires enable collection of greater quantities of responses at the same time whereas interviews would have to be conducted individually so are likely to take longer. Interviews poses greater risk of investigator effect as the person interviewing can influence the responses; but questionnaires completed independently eliminates this. 		
	Credit other relevant advantages.		

Question	Marking guidance	Total marks
18	Write a closed question that could be used to collect participants' opinions about the difficulty of the memory test.	1
	Award 1 mark for correctly worded closed question with clear options.	AO2 = 1
	 Possible content Did you find the memory test difficult? (circle) Yes/No. On a scale of 1–10, how difficult was the memory test? 1 – very easy, 10 – very difficult. How difficult did you find the memory test? (circle one answer) easy, neither too easy nor difficult, difficult. Credit other relevant material.	

Question		Marking guidance		Total marks		
19	Many psy	chologists use case studies as a research method.		9		
		nd evaluate the use of case studies in helping psycholo nd human behaviour.	ogists to	AO1 = 4 AO3 = 5		
	group/et (idiographics) Involvesimanipul Often hat	udies provide a detailed investigation of a single individual/ vent, allowing an in-depth approach to studying phenomen phic approach). analysing real-life data which was not enforced by variable	a			
	NOTE: Cre	edit use of example(s) of case studies to illustrate their feat	tures.			
	Possible evaluation High ecological validity as case studies rely on actual events that have happened. Internal validity issues as extraneous variables may be present. Often involve a single person in specific circumstances, so have low (population) validity/limited generalisability. Allows the collection of breadth of data eg qualitative and quantitative data. Allow researchers to study things that would otherwise be unethical to study via experimental methods. There may be ethical issues of privacy or human rights. The researcher may get emotionally involved, leading to biased data. Can be beneficial for the individuals themselves as they may have access to specialist support that otherwise would not be available to them if they were not a part of the research. Credit other relevant material. Note: Credit evaluation of methods used as part of the case study investigation when these are applied/linked back to the case study evaluation.					
	Level Description Marks 3 Knowledge of the case studies as a method of investigation is detailed and appropriate. Evaluation is mostly effective. The answer is clear with appropriate					
	2	use of specialist terminology. Knowledge of the case studies as a method of investigation is relevant but detail is lacking. Evaluation is evident but lacks effectiveness in places. The answer lacks clarity in places. Specialist terminology is mostly used appropriately.	4–6			